



# 21 Days of Kindness Challenge



"No matter your age YOU can make a difference"- Founder Taylor Larson

Donate a new stuffed animal



Donate \$5 to Cuddles for Kids



Hold the door open for the person behind you



Say "Hi" to someone new



Give someone a compliment



Clean up a mess that isn't yours



Make a card for a sick child in the hospital



Smile at someone



Give someone a hug



Let someone else go first

Write a thank you card

Share a toy with a friend or sibling



Say "I love you"



Clean up without being asked

Make a thank you card for a teacher

Share a funny joke!



Offer to help someone



Draw someone a picture!



Ask, "How may I help you?"

Forgive a mistake



Give someone a high five!



Contest ends February 7th. For more information visit: [cuddlesforkidshugs.org](http://cuddlesforkidshugs.org)